



THE LIMES

PRIMARY ACADEMY

“Growing Learners for Life”

Physical Education Curriculum Policy



Author:	Sarah Burgoyne
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On behalf of:	Local Governing Body

Collaboration Curiosity Responsibility Resourcefulness Resilience
Reflectiveness

Statement of intent

At The Limes Primary Academy we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. The aim of our PE programme is to develop children's basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle. PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in the heart of our planning. Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives

Teaching and learning

Our PE lessons are planned using the Get Set 4 PE platform, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. Get Set 4 PE is planned so that progression is built into the scheme which ensures our children are increasingly challenged as they move up through the school. The curriculum planning in PE is carried out in three phases (long-term, medium-term and short-term). The long-term plan maps out the PE activities covered in each term during the key stage. The PE subject leader works this out in conjunction with teaching colleagues and pupils in each year group. Together we create a broad and balanced curriculum that is exciting for our children to learn through. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area. Every Year group in Key Stage 1 and 2 have 2 sessions of PE each week and in the future, when current circumstances do not prevent it, will also have the opportunity to attend extra-curricular sessions within a range of PE skills too. The school believes that swimming is an important life skill and due to the coastal location children are able to access swimming sessions in Key Stage 2.

The school has as an annual sports day in the summer which promotes team work and competitive spirit. The children also have the opportunity to take part in 'The Limes Kilometre Challenge' in the summer term.

The school is part of the local School Sports Partnership which provides many opportunities throughout the year to develop skills through intra and inter school competitions. The partnership also provides CPD sessions to develop the skills of teachers

EYFS

We encourage the physical development of our children in the nursery and reception class as an integral part of their work. As these classes are part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

Reception have one formal PE lesson per week from the Spring term. This will be in the school hall or outside, weather permitting. Children develop their physical skills throughout the Autumn Term through continuous provision and specific adult focus activities both outside and inside. This also continues in Spring and Summer alongside the formal lesson.

Nursery develop their skills through continuous provision and specific adult focus activities both inside and outside throughout the year.

Assessment

Our teachers assess the children's work in PE, both by making informal judgements, as they observe them during lessons, and through assessing against the specific objectives set out in the National Curriculum and recorded using the Get Set 4 PE assessment software. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. Teachers are supported with resources to know how to prepare children for their next phase of education. These resources include the Get Set 4 PE progression of skills document, progression ladders and subject maps.

Differentiation

The school recognises the fact that in all PE classes there are pupils of a variety of attainment levels, and we seek to provide suitable learning opportunities for all pupils by scaffolding for those children who need it and providing challenge through providing opportunities for deepening knowledge and understanding.

Health and Safety

We recognise that participation in PE and Physical Activities contains an element of risk. Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control. The school use the ' Safe Practice: in Physical Education, School Sport and Physical Activity' Manuel. Staff are aware of pupils who have special needs with regards to physical activity and make special provision for needs where appropriate e.g. physical disability, asthma. Staff know about the safe practices involved in moving and using apparatus. Pupils wear appropriate clothing, remove jewellery and tie back long hair. We have been advised that the taping of stud earrings is not safe, and therefore children unable to remove their earrings will not be able to take part in PE activities (including swimming). Our school expects an appropriate PE kit as part of school uniform for all children from Reception upwards, and keeps spare sets in school.

- Pupils may be asked to remove shoes when participating in indoor activities such as gymnastics, dance and yoga.
- Correct use of equipment is taught along with any potential hazards, including completing a risk assessment for each area/ space that PE and school sport takes place in.
- Equipment and apparatus are stored safely at the end of each lesson.
- Pupils are taught to consider their own safety and that of others at all times.

Teaching staff should be appropriately dressed to teach PE. We undertake an annual Risk Assessment of the school premises and areas where PE is taught and equipment including PE equipment (PE Lead) as necessary. Risk Assessments are in place for all school sporting trips.

Monitoring and Reviewing

The planning and coordination of the teaching of PE is the responsibility of the subject leader, who:

- Supports colleagues in their teaching, providing a strategic lead and direction;
- Evaluates the strengths and areas for development in the subject through staff and pupil voice questionnaires;
- Reviews evidence of the children's work and observes PE lessons.

The quality of teaching and learning in PE is monitored and evaluated by the subject leader and is overseen by the curriculum leader.

This policy will be reviewed annually to ensure that it complies with the latest legislation, guidance and best practice. The next scheduled review date of this policy is March 2022.