STARTING RECEPTION AT THE LIMES.....ARE YOU READY?



Eating and Drinking

- I can use a knife and fork.
- l can open packets e.g crisps.
- I am happy to try new foods even if I am not sure.



Getting dressed

I can put my shoes and coat



• I know I will have a special

- place for my things in school (coat, bookbag, waterbottle) I can recognise my name
- when it is written.

Mental Health

- I have a good bedtime routine so that I am not tired for school.
- I know that I can ask for help from my teachers if I need it.
- I know that it's ok to be nervous about new things.

Hygeine

- I can use the toilet, wipe myself and flush.
- I know when and how to wash my hands.
- I can blow my nose.





- on and do them up.
- I can take my jumper off.