

Week Commencing – 2nd November, 16th November, 30th November, 14th December

Week 1

Bread, Yoghurt, Salad Bar, Milk & Water, Vegan & Gluten Free options available daily



MAIN CHOICE

Cheese and Tomato Wholemeal Pizza **6,7**

Sweet & Sour Chicken with Wholegrain Rice

Sliced Roast Chicken with Yorkshire Pudding **3,6,7** & Gravy

Oven Baked Burger **5,6,13** in a Warmed Roll **4,6** with Relish **9,13**

Omega Three Fish Fingers **6,10** with Tomato Ketchup or Mayo Dip **3,9**

VEGGIE CHOICE

B-B-Q Quorn and Sweetcorn Wholemeal Pizza **6,7**

Sweet & Sour Quorn Pieces with Wholegrain Rice

Braised Quorn **6** with Yorkshire Pudding **3,6,7** & Gravy

Vegetable Burger **6**, in a Warmed Roll **4,6** with Relish **9,13**

Quorn Dippers **6** with Tomato Ketchup or Mayo **3,9**

LIGHTER BITE

Soft Roll with Cheese **4,6,7**, Cucumber and Carrot Sticks

Bacon Baguette **4,6**

Jacket Potato with Baked Beans

Tuna Roll **4,6,10** with a side salad

Jacket Potato with Baked Beans

SIDES

Oven Baked Potato Wedges, Sliced Tomato & Cucumber

Green Beans and Sweetcorn Cobs

Crispy Roast Potatoes Broccoli & Carrots

Tasty Potato Bites Mixed Salad

Ziggy Fries Peas or Baked Beans

DESSERT

Pip Organic Ice Lolly, Yoghurt & Fresh Fruit **7**

Carol's Cookies **6** Fresh Fruit & Yoghurt **7**

Fruit Salad, Plain Yoghurt **7** with Fruit Coulis

Old School Cake **3,6** Yoghurt **7** Fresh Fruit

Fruit Jelly, Fresh Fruit & Yoghurt **7**

Allergens - 1 = Peanuts. 2 = Tree Nuts. 3 = Egg. 4 = Sesame. 5 = Soya. 6 = Gluten. 7 = Milk. 8 = Celery. 9 = Mustard. 10 = Fish.

11 = Crustaceans. 12 = Molluscs. 13 = Sulphites. 14 = Lupin.